

**ASSUMPTION OF RISK AND HOLD HARMLESS AGREEMENT**

I hereby acknowledge my voluntary agreement to participate in the Pasaryu classes being taught and facilitated by **Mrs. Angela de Jong**. I understand that Mrs. de Jong is providing these lessons as a private service and that **St. Ann Catholic Church and/or the Diocese of Memphis** does not warrant or in any way certify Mrs. de Jong's credentials or experience for teaching this course. Further, I realize that this activity involves the potential for injury. I acknowledge that even with the best coaching and instruction, regular practice, use of the most advanced equipment and strict observance of the rules, injuries are still a possibility. On rare occasions, these injuries can be severe and result in total disability, paralysis and even death. I knowingly and willingly assume all risks of such injuries and their consequences.

I acknowledge that I am in good physical condition and able to participate in these activities. I acknowledge that I have primary medical insurance to cover any injuries that may result from my participation.

Further, I agree to defend, protect, indemnify and hold harmless **Angela de Jong, St. Ann Catholic Church and School** and the **Diocese of Memphis** against and from any and all claims arising from my participation in this activity and/or the negligence of any participants, agents, family members, officers, volunteers, helpers, partners, organizational members or associates which arise out of the above named activity.

Additionally, I agree to protect, defend, hold harmless and fully indemnify **St. Ann Catholic Church and School** and the **Diocese of Memphis** for any claim or cause of action whatsoever arising out of the above mentioned activity that is brought against **St. Ann Catholic Church and School** or the **Diocese of Memphis** by anyone related to me or acting on my behalf, other classmates, or their family members whether such claim arises from the alleged negligence of **Angela de Jong, St. Ann Catholic Church and School the Diocese of Memphis**, its employees or agents.

If any portion of this agreement is held invalid, it is agree that the balance thereof shall continue in full legal force and effect.

Participant's Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_